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*Practice Limited to Endodontics*

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**PRE-SURGICAL INSTRUCTIONS**

1. Eat a regular meal before procedure.
2. Fax release form from Doctor for all prescription blood thinners. This document will give permission to stop all blood thinners 3 days prior to our procedure and not resume until 24 hours after surgery.
3. Arrange for a friend or family member to drive the day of surgery. You will have an ice pack after surgery and a driver will allow for proper application.
4. Make a soft foods shopping list. (mashed potatoes, yogurt, milk shakes, smoothies, etc.)
5. Stitches will be placed on the day of surgery. You will be given instructions for proper care of the stitches.
6. Most patients can resume normal activities the day following surgery.